# Medical File Reviews Independent Medical Evaluations

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### No conflicts



#### **Medical File Reviews**

- Medical necessity, Diagnostic Studies, Procedures, Treatment
- Utilization Review, Hospital Admission, Length of stay
- Post-acute care (SNF, LTACH, ARU)/Home Care
- Medical Legal, Standard of Care, Waste, Fraud and Abuse, INXSS

### **Independent Medical Evaluation**

- Worker's compensation
- Personal injury
- Medical/Legal
- Treatment plan
- Impairment ratings
- Life Care Plans
- Pre/Post FCE
- Life/Health/Disability Insurance

## **Basis for payment**

- Hourly
- Pages (height/number)
- Complexity
- AP Contact
- Turnaround time


The claimant/	examinee	is	not	your
	patient.			

- Disclaimer indicating you have not personally examined the claimant (medical file review).
- Inform claimant upon presentation, a doctor-patient relationship will not be established and the assessment is for evaluation purposes only.
- Do not refer to individual as "my patient."
- Do not provide referral or treatment recommendations directly to the patient.
- Do not comment on the care provided by the treating physicians directly to the patient.
- Do not offer to treat the patient.
- Do not teach
- Comment on condition in/condition out.

# You are the expert who is independent of the referral source.

- Insurance company
- Attorney (plaintiff or defense)
- Worker's compensation
- Employer

## Answer the question.

- Stay in your lane
- Direct, clear and thoughtful
- Foundation of evidence

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Indepen	dent M	ledica	l Eva	luation
begir	is upon	prese	entat	ion.

- When they walk in the door
- Transportation
- Completing registration
- Just before and right after the examination
- Condition in/condition out

#### **Medical File Review format**

- Disclaimer
- Synopsis
- Documents reviewed
- AP discussion
- Prior reviews FCE

#### **Medical File Review format**

- Attending Physician Statements
- Disability Statements
- Job Descriptions
- Activities of daily living forms
- Social Security Administration ALJ determination


### **Answer the questions**

- Condition causing impairment
- Impairment
- Restriction
- Limitation
- Treatment plan
- Medications

## Independent Medical Evaluation format

- Disclaimer
- Synonsis/HP
- Past Medical//Surgical History
- Treatment History
- Symptom, pain ratings, pain drawings,
- Activities of daily living
- Medications (prescribed by whom)

## Independent Medical Evaluation format

- Documents reviewed
- Job Description
- Prior reviews, FCE, Work Hardening Programs
- Physical Examination
- Social Security Administration ALJ determination

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### **Answer the questions**

- Medical condition and relationship to accident/injury
- Impairment
- Restriction
- Limitation
- Treatment plan
- Impairment rating
- Prognosis

### **Impairment**

- Alteration of an individual's health status.
- Assessed by medical means and is a medical issue
- Deviation from normal in a body part or organ system and its functioning.

AMA Guides to the Evaluation of Permanent Impairment 4th Edition

### **Permanent Impairment**

- An impairment that has become static or stabilized during a period of time sufficient to allow optimum tissue repair.
- Unlikely to change in spite of further medical or surgical therapy.

AMA Guides to the Evaluation of Permanent Impairment 4th Edition

<b>Impairment</b>	Percentage
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 Represents an informed estimate of the degree to which an individual's capacity to carry out daily activities has been diminished.

AMA Guides to the Evaluation of Permanent Impairment 4th Edition

#### **Disability**

- Alteration of an individual's capacity to meet personal, social or occupational demands or statutory or regulatory requirements because of an impairment.
- An activity or task the individual cannot accomplish.

AMA Guides to the Evaluation of Permanent Impairment 4th Edition

### **Disability**

- An interaction between impairment and external requirements, especially those of a person's occupation.
- The gap between what a person can do, what the person needs or wants to do.

AMA Guides to the Evaluation of Permanent Impairment 4th Edition

Impairment is not necessarily	y a
disability	

- Loss tip of finger for a piano player versus a banker
- A toe injury for computer programmer versus a ballerina

### **Impairment rating**

 Consensus derived percentage estimate of loss of activity reflecting severity for a given health condition and degree of associated limitations in terms of activities of daily living

AMA Guides to the Evaluation of Permanent Impairment 6th Edition

## **Impairment**

- Relationship between impairment, activity limitation and participation are not assumed to be linear or unidirectional.
- An impairment may lead to decrease activities which may lead to restriction.
- A greater impairment may not decrease activities or lead to restriction.

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